

Preliminary Program

First World Congress of Gut Health

Science Meets Experience



Location: PMU Salzburg, Austria/Europe

Info: www.fxmayr.com

Friday, 28.3.2025

Dr. Monika Pirlet-Gottwald	Intestinal Autointoxication - Significance for disease development and urgency of therapy
Dr. Ezgi Kazar	Case study - Effect of lifestyle change
Dr. Paolo Cataldi	2/3 of my life with Mayr - 50 years Mayr-doctor in Italy
Liina Molenaars, MSc; Dr. Natalia Trofimova	The ultimate reset: combining therapeutic fasting and F.X. Mayr method for systemic transformation
Prof. Dr. Daniel Boarim	MayrPrevent and Gut Microbiota
Prof. Dr. Burkhard Schütz	Metabolites in stool, mirror of microbial metabolism in the gut
Dr. Arseniy Trukhanov	Evolution of Mayr Therapy: From Functions of the body to the functional body age
Dr. Kondolskya Yuilia	Relationship between gut microbiota and end products of glycation
Dr. Cecilia Mirenda	Effect of Mayr-Therapy on the restoration of the Mikrobiome balance
Dr. Michaela Walter	Funktional Myodiagnostic as individual additive diagnostic and help for the therapy of F.X.Mayr
Dr. Henning Sartor	The Toxin Factor - Intestinal Autointoxication
Dr. Jürgen Kasper	What has FX Mayr to say to high-performance sports
Prof. Dr. Arina Cadariu	Serotonin's Secret Factory: Rethinking the Gut's role in Mental health

Sternbräu

Get together

Saturday, 29.3.2025

Prof. Dr. Herbert Pietschmann Dr. Helmut Bartussek	Greetings from Science Historical excursus
Dr. Sepp Fegerl	F.X. Mayr - pioneer of modern holistic intestinal medicine
Prof. Dr. Andreas Michalsen	Fasting between tradition and modern science - Update 2025
Prof. Dr. Hartmut Schröder	Healing as natural-biological and spiritual-cultural process of self-regulation
Dr. Taras Klofa, Dr. Markiyany Drotskyk	Mind, gut and body in balance: why Mayr therapy is effective in combating chronic stress during war
Dr. Evrydiki Petta	Mayr medicine implementation in Greece today
Prof. Mag. Anita Frauwallner	Microbiome research in the 3. millenium
Prof. Dr. Christian Schubert	PsychoNeuroImmunology
Dr. Natalia Edel, Dr. Murugan Renjith	Mayr & Ayurveda, a strong synergy
Dr. Sepp B. Fegerl	When Mayr Medicine meets Ayurveda
Dr. Eckart Schnakenberg	From the plate to the recipe: genes control the metabolism
Prof. Dr. Victor Zevallos	Update on nutritional sciences linked to Mayr
Irina Sharma	A Different Perspective
Prof. Dr. Jörg Bergemann	Study Mitochondria, autophagy, DNA repair and F.X. Mayr

Festung Hohensalzburg

Society Evening with Music